

### 50th Anniversary Hanmadang

#### First of its Kind in Canada

#### INTERACTIVE WORKSHOPS

Freestyle Poomsae
Progression Training
Sport Poomsae
Warm-Up Techniques
Kicking Drills
Self-Defense
Taekwondo Yoga

# EXCITING COMPETITION

Demonstration, Breaking, Kicking Competition Poomsae - Creative, Para, Recreational, Sport All Ages - All Belt Levels Kids' Competitions

### DYNAMIC NOT DEMONSTRATIONS

Alberta's best TKD demo teams Traditional Korean dancers Inspirational speakers

## AMAZING PRESENTERS

GM Seoung Min Rim
Dr. Young Sun Kim
GM Doug Cook
Ms. Kenisha Coy
Master Dan Chuang
Master Jon Jon Rivero
Master Shelley Baert
Ms. Josipa Kafadar
And More!

Kinsmen Sport Centre 9100 Walterdale Hill Edmonton Saturday, January 11, 2024

BECOME A SPONSOR

**SCAN FOR DETAILS** 



